

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<p><b>8:00 Cardio N HIIT w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link <a href="https://us02web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09">https://us02web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09</a></p>		<p><b>8:00 Cardio FIT w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09">https://us02web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09</a></p>	<p><b>8:15 HIIT w/ Camille</b>  ID: 838 3057 1409  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09">https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09</a></p>	<p><b>8:00 Cardio DANCE w/ Camille</b>  ID: 747 810 905  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/747810905?pwd=eG8zL1pxSXBaeXBWMTdTMXJ5YTZTUT09">https://us02web.zoom.us/j/747810905?pwd=eG8zL1pxSXBaeXBWMTdTMXJ5YTZTUT09</a></p>		
<p><b>9:15 Pilates S&amp;S w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link <a href="https://us02web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09">https://us02web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09</a></p>		<p><b>9:15 Pilates Basic w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09">https://us02web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09</a></p>	<p><b>9:15 Yoga w/ Isabella</b>  ID: 838 3057 1409  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09">https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09</a></p>	<p><b>9:15 Pilates S&amp;S w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/747810905?pwd=eG8zL1pxSXBaeXBWMTdTMXJ5YTZTUT09">https://us02web.zoom.us/j/747810905?pwd=eG8zL1pxSXBaeXBWMTdTMXJ5YTZTUT09</a></p>	<p><b>10:00 Feldenkrais w/ Alice</b>  ID: 843-4436-4634  Pass: 741743</p> <p>Or use this Link: <a href="https://us02web.zoom.us/j/84344364634?pwd=c1dxK2FYVGIKQUU4OWRGOVZEajR3QT09">https://us02web.zoom.us/j/84344364634?pwd=c1dxK2FYVGIKQUU4OWRGOVZEajR3QT09</a></p>	<p><b>6:30 pm Yamuna w/ Kristi</b>  ID: 558-169-5254  Pass: 099282</p> <p><a href="https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wWVJmZz09">https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wWVJmZz09</a></p>
		<p><b>10:00 Feldenkrais w/ Alice</b>  ID: 879 1851 9871  Pass: 561383</p> <p>Or use this Link: <a href="https://us02web.zoom.us/j/87918519871?pwd=U1VDd1puV00xQUFlakc3L3puayt4Zz09">https://us02web.zoom.us/j/87918519871?pwd=U1VDd1puV00xQUFlakc3L3puayt4Zz09</a></p>	<p><b>6:00 pm Yamuna w/ Kristi</b>  ID: 558-169-5254  Pass: 099282</p> <p><a href="https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wWVJmZz09">https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wWVJmZz09</a></p>		<p><b>10:30 Yamuna w/ Kristi</b>  ID: 558-169-5254  Pass: 099282</p> <p><a href="https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wWVJmZz09">https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wWVJmZz09</a></p>	

**11:00**  
**Feldenkrais**  
**w/ Alice**

**ID: 867-**  
**1740-7299**  
**Pass: 796536**

Or use this  
Link <https://us02web.zoom.us/j/86717407299?pwd=TmNRVWdrV1FxZTUxK2VucmZzS2lzUT09>