


All 8am Classes are Virtual & Live! Join us "Live" or on "Zoom"

Camille's Body Shop Studio

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December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Camille's Virtual Class Pricing \$5 drop-in \$50 for unlimited/mo</p>	<p>Amy's Friday Virtual Yoga Class: \$15/month Or \$10 drop-in</p>	<p>1 8 am Pilates Core w/ Camille 9 am Yamuna w/ Kristi</p>	<p>2 8 am H.I.I.T. w/ Camille</p>	<p>3 8 am Pilates Core w/ Camille 11 am Feldenkrais 6 pm Yamuna</p>	<p>4 8 am Cardio Dance w/ Camille 9:15 Yoga w/Amy</p>	<p>5 Feldenkrais 10 am Yamuna Class 10:30</p>
<p>6 6:30 pm Yamuna w/ Kristi Happy 11th B-Day Ella!!</p>	<p>7 8 am Cardio Fit w/ Camille</p>	<p>8 8 am Pilates Core w/ Camille 9 am Yamuna w/ Kristi</p>	<p>9 8 am H.I.I.T. w/ Camille</p>	<p>10 8 am Pilates Core w/ Camille 11 am Feldenkrais 6 pm Yamuna</p>	<p>11 8 am Cardio Dance w/ Camille 9:15 Yoga w/Amy</p>	<p>12 Feldenkrais 10 am Yamuna Class 10:30 Happy B-Day Kristine</p>
<p>13 6:30 pm Yamuna w/ Kristi</p>	<p>14 8 am Cardio Fit w/ Camille</p>	<p>15 8 am Pilates Core w/ Camille 9 am Yamuna w/ Kristi</p>	<p>16 8 am H.I.I.T. w/ Camille</p>	<p>17 8 am Pilates Core w/ Camille 11 am Feldenkrais 6 pm Yamuna</p>	<p>18 8 am Cardio Dance w/ Camille 9:15 Yoga w/Amy</p>	<p>19 Feldenkrais 10 am Yamuna Class 10:30</p>
<p>20 6:30 pm Yamuna w/ Kristi</p>	<p>21 8 am Cardio Fit w/ Camille</p>	<p>22 8 am Pilates Core w/ Camille 9 am Yamuna w/ Kristi</p>	<p>23 8 am H.I.I.T. w/ Camille</p>	<p>24 11 am Feldenkrais 6 pm Yamuna</p>	<p>25</p>	<p>26 Feldenkrais 10 am Yamuna Class 10:30 Happy B-Day Janet C</p>
<p>27 6:30 pm Yamuna w/ Kristi</p>	<p>28 8 am Cardio Fit w/ Camille</p>	<p>29 8 am Pilates Core w/ Camille 9 am Yamuna w/ Kristi Steph R's Bday</p>	<p>30 8 am H.I.I.T. w/ Camille Beth Barr's Bday</p>	<p>31 8 am Pilates Core w/ Camille </p>	<p>Yamuna: \$60 for 4 classes \$17 drop-in OR \$75 / Month</p>	<p>Feldenkrais: \$12 drop-in \$80 / 8 classes \$96 / 12 classes</p>

Let's Close out 2020 and Welcome 2021. Wishing Everyone a Happy New Year!!