

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<p><b>8:00 HIIT w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link: <a href="https://us04web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09">https://us04web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09</a></p>	<p><b>8:00 Pilates Core w/ Camille</b>  ID: 838 3057 1409  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09">https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09</a></p>	<p><b>8:00 Cardio Dance w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link: <a href="https://us04web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09">https://us04web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09</a></p>	<p><b>8:00 Yoga Foundations w/ Kathy</b>  ID: 838 3057 1409  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09">https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09</a></p>	<p><b>8:00 Cardio Fit w/ Camille</b>  ID: 747 810 905  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/747810905?pwd=eG8zL1pxSXBaexBWMtdTMXJ5YTZTUT09">https://us02web.zoom.us/j/747810905?pwd=eG8zL1pxSXBaexBWMtdTMXJ5YTZTUT09</a></p>	<p><del><b>8:10 Boot Camp w/ Camille</b></del>  ID: <del>369 764 507</del> Password: <del>3222</del> or use this link: <del><a href="https://us04web.zoom.us/j/369764507?pwd=QzNCeUhVbXhEb1NhVHArAUp0eHgyQT09">https://us04web.zoom.us/j/369764507?pwd=QzNCeUhVbXhEb1NhVHArAUp0eHgyQT09</a></del></p>	
<p><b>9:15 Pilates Basic w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link: <a href="https://us04web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09">https://us04web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09</a></p>		<p><b>10:00 Feldenkrais w/ Alice</b>  ID: 879 1851 9871  Pass: 561383</p> <p>Or use this Link: <a href="https://us02web.zoom.us/j/87918519871?pwd=U1VDd1puV00xQUFlakc3L3puayt4Zz09">https://us02web.zoom.us/j/87918519871?pwd=U1VDd1puV00xQUFlakc3L3puayt4Zz09</a></p>	<p><b>9:00 HIIT w/ Camille</b>  ID: 838 3057 1409  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09">https://us02web.zoom.us/j/83830571409?pwd=OW13OVlyMmlKN3puNUVPOUICZjBCUT09</a></p>	<p><b>9:15 Pilates Core w/ Camille</b>  ID: 371-848-594  Pass: 3222</p> <p>Or use this link: <a href="https://us04web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09">https://us04web.zoom.us/j/371848594?pwd=aURoQUd5VFFGeGllOEZSeFlxUi9FdZ09</a></p>	<p><b>10:00 Feldenkrais w/ Alice</b>  ID: 843-4436-4634  Pass: 741743</p> <p>Or use this Link: <a href="https://us02web.zoom.us/j/84344364634?pwd=c1dxK2FYVGIKQUU4OWRGOVZEajR3QT09">https://us02web.zoom.us/j/84344364634?pwd=c1dxK2FYVGIKQUU4OWRGOVZEajR3QT09</a></p>	<p><b>6:30 pm Yamuna w/ Kristi</b>  ID: 558-169-5254  Pass: 099282</p> <p><a href="https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wVWJmZz09">https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wVWJmZz09</a></p>
<p><b>7 pm Yoga w/ Kathy</b>  ID: 893 7432 1644  Pass: 3222</p> <p>Or use this link: <a href="https://us02web.zoom.us/j/89374321644?pwd=c3ZhR0dOT05obGRIZUVKTEt5MjBDZz09">https://us02web.zoom.us/j/89374321644?pwd=c3ZhR0dOT05obGRIZUVKTEt5MjBDZz09</a></p>			<p><b>11:00 Feldenkrais w/ Alice</b>  ID: 867-1740-7299  Pass: 796536</p> <p>Or use this Link <a href="https://us02web.zoom.us/j/86717407299?pwd=TmNRVWdrV1FXTUxK2VucmZzS2lzUT09">https://us02web.zoom.us/j/86717407299?pwd=TmNRVWdrV1FXTUxK2VucmZzS2lzUT09</a></p>		<p><b>10:30 Yamuna w/ Kristi</b>  ID: 558-169-5254  Pass: 099282</p> <p><a href="https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wVWJmZz09">https://us02web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wVWJmZz09</a></p>	

**6:00 pm**  
**Yamuna w/**  
**Kristi**

**ID:** 558-169-  
5254

**Pass:**  
099282

[https://us02  
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9](https://us02.web.zoom.us/j/5581695254?pwd=c3ErNW45QndxVlAvYk5Cdm1wWVJmZz09)